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Acupuncture and the Chakra Energy System Treating the Cause of Disease, John R. Cross, 2008, Health & Fitness, 184 pages. "A sequel to Healing with the Chakra Energy System, this book combines traditional Chinese acupuncture analysis and treatment with the chakra energy system of Ayurvedic

Bioenergetics , Alexander Lowen, 1976, , 352 pages. Bioenergetics is a dynamic form of therapy based on the teachings of Wilhelm Reich. It links physical pain, muscle tension, and postural disorders with state of mind

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