



Darkness Visible: A Memoir of Madness, William Styron, Vintage, 2001, 0099285576, 9780099285571, . This is a story of depression a condition that reduced William Styron from a person enjoying life and success as an acclaimed writer, to a man engulfed and menaced by mental anguish. With profound insight and remarkable candor, Styron tracks the progress of his madness, from the smothering misery and exhaustion, to the agony of composing his own suicide note and his eventual, hard-won recovery. Illuminating an illness that affects millions but which remains widely misunderstood, this book is about the darkness of depression, but it is also ultimately about survival and redemption..

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Darkness Visible Awakening Spiritual Light Through Darkness Meditation, Ross Heaven, Simon Buxton, Nov 16, 2005, Body, Mind & Spirit, 192 pages. Spiritual seekers from many traditions have used darkness as a method for exploring hidden aspects of unconscious and super-conscious states, and for embracing the deeper

Are you feeling tired, sad, angry, irritable, hopeless? , Rand Corporation, 1996, Depressed persons, 10 pages. .

Beat the Blues Before They Beat You , Robert L. Leahy, 2010, Depressed persons, 237 pages. .

Harry Potter and the Prisoner of Azkaban , J. K. Rowling, 1999, Juvenile Fiction, 435 pages. During his third year at Hogwarts School for Witchcraft and Wizardry, Harry Potter must confront the devious and dangerous wizard responsible for his parents' deaths..

When Mourning Breaks Tales of Hope and Healing, Anthony Yeo, 2002, Affective disorders, 163 pages. .

Understanding Teenage Depression A Guide to Diagnosis, Treatment, and Management, Maureen Empfield, Nick Bakalar, 2001, Family & Relationships, 250 pages. An exploration of the increasing incidence of depression in teens discusses symptoms, diagnosis, legal and ethical concerns, and such treatments as psychological care

Mind Gone Awry , Donald Kern, 2007, Depressed persons, 262 pages. .

Handbook of depression treatment, assessment, and research, Ernest Edward Beckham, William R. Leber, Dec 1, 1985, Medical, 1079 pages. .

I Know This Much Is True , Wally Lamb, Jun 3, 1998, Fiction, 901 pages. Dominick Birdsey, a forty-year-old housepainter living in Three Rivers, Connecticut, finds his subdued life greatly disturbed when his identical twin brother Thomas, a paranoid

Creativity From Potential to Realization, Robert J. Sternberg, Elena L. Grigorenko, Jerome L.

Singer, Jan 1, 2004, Psychology, 226 pages. Who is creative and why? And what does it mean to be creative? Is a creative individual a master-of-all trades or a master of one? In other words, is creativity a generalized

Inheritance of Night Early Drafts of Lie Down in Darkness, William Styron, 1993, Fiction, 139 pages. From 1947 to 1949, William Styron twice attempted to write a novel under the working title Inheritance of Night. On the third attempt he produced the award-winning Lie Down in

Darkness Visible A Novel, William Golding, May 15, 2007, Fiction, 280 pages. Hideously scarred and orphaned during the bombing of London, Matty sees himself as set apart from others, and his wanderings bring him into contact with Mr. Pedigree, a

Otherwise New and Selected Poems, Jane Kenyon, Mar 1, 1996, Poetry, 230 pages. Poems deal with childhood, family, nature, travel, illness, love, death, pain, the human spirit, and God.

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