



The Heart of Awareness: A Translation of the Ashtavakra Gita, , Shambhala, 2001, 1570628971, 9781570628979, 128 pages. The Ashtavakra Gita conveys with beauty and simplicity the essential teachings of Advaita Vedanta, the most influential of the Hindu philosophical systems. Composed by an anonymous master of the school of the great sage Shankara, it is a book of practical advice for seekers of wisdom as well as an ecstatic expression of the experience of enlightenment. In this simple, aphoristic version, the translator conveys the clarity and lyricism of the Sanskrit original with fluency and precision..

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