



JAPANESE MEALS
ON THE GO



BENTO
BOXES

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Bento Boxes: Japanese Meals on the Go, Naomi Kijima, Japan Publications Trading, 2001, 4889960732, 9784889960730, 64 pages. This book offers an elegant way to enjoy healthy food on the run, with step-by-step recipes for chicken teriyaki, fried rice with tofu and many more. Illustrations..

Authentic Japanese Cuisine for Beginners A Step-by-Step Guide, Sabi Shinojima, 2003, Cooking, 120 pages. HAVE YOU EVER TRIED TO MAKE TEMPURA BUT BEEN DISMAYED BY THE RESULT? In this handy full-color guide, you will discover the simple steps that professional chefs use to attain

501 Bento Lunches 501 Unique Recipes for Brilliant Bento, Korero Books, Jun 15, 2009, , 359 pages. Contains 501 recipes for creating bento box lunches, which are Japanese home-packed meals usually consisting of rice, fish, and meat..

Japanese Home Cooking , Shunsuke Fukushima, 2001, Cooking, 128 pages. Discover how simple it can be to create the delights of Japanese cuisine in your own kitchen. With beautifully illustrated, easy-to-follow recipes, Japanese Home Cooking is the

Encyclopedia of Sushi Rolls , ĐµÂ·ÑœĐ¶Ñ•â€žĐµĐfÔ•, 2001, Cooking, 192 pages. THE ENCYCLOPEDIA OF SUSHI ROLLS Dazzle your friends with over 180 kinds of sushi rolls. The fully illustrated step-by-step instructions in this book will show you how to make

Paula Deen's Cookbook for the Lunch-Box Set , Paula Deen, Sep 22, 2009, Juvenile Nonfiction, 192 pages. Presents more than sixty recipes organized by occasion, including recipes for foods to be used for school lunches, bake sales, pool parties, and family picnics..

The Big Bento Box of Unuseless Japanese Inventions The Art of Chindogu, Kenji Kawakami, 2005, Humor, 303 pages. Presents a collection of two hundred humorous and eccentric inventions from Japan, from the Drymobile and the Solar-Powered Torch to Duster Slippers for Cats and Walk 'n' Wash

The Japanese tattoo , Sandi Fellman, 1986, Photography, 112 pages. A collection of photographs of the Irezumi, a secretive group of people drawn from the Japanese underworld who have chosen to have themselves transformed through tattooing into

Face Food The Visual Creativity of Japanese Bento Boxes, Christopher D. Salyers, Mar 1, 2008, , 80 pages. Dating back several hundred years, the Japanese bento box is as integral a part of the country's culinary identity as sushi. Today, a contemporary version of the bento box

Quick and Easy Tsukemono Japanese Pickling Recipes, Ikuko Hisamatsu, Jan 1, 2005, Cooking, 104 pages. Among the many authentic flavors of Japan, tsukemono, or pickled vegetables, has been a must for everyday meals and with tea. For most of the Japanese nothing can replace

Đ,â€¹Â±Đ¶â€œâ€œâ€œĐ·â€œâ, -Đ³â€šÑ'Đ³Ñ"Đ^Đ³â€šâ,, -Đ³Ñ"â, -Đ³Ñ"Â»ĐµÑ~ĐfĐµĐ...â€œ Đ'Ñ'â€œ"Đ·â€œĐŠĐ³ĐfÂ«ĐµÂ±Đ%Đ³Đfâ€œĐ³â€šâ€¹Đ³Đ,ĐfĐ¶Đ±Đ·Đ¶â€œ"Ô•Đ³ĐfÂ®Đ³ĐfĐ%ĐµÑ~ĐfĐµĐ...â€œ, Makiko Itoh, Đ'Ñ'Đ%Đ,â€œ"Â±Đ·â€œ"ÂšĐµÂ-Ñ', Sep 27, 2010, , 127 pages. Bento fever has recently swept across the West, fuelled not just by an interest in cute, decorative food, but by the desire for an economical, healthy approach to eating in

Japanese Homestyle Cooking , Tokiko Suzuki, 2000, Cooking, 160 pages. A comprehensive, fully illustrated cookbook of popular Japanese recipes Japanese Homestyle Cooking makes use of each season's most plentiful ingredients for preparing delicious

Japanese Vegetarian Cooking , Patricia Richfield, 1996, Cooking, 170 pages. Filled with more than 100 recipes for healthful Japanese food that can be prepared in Western kitchens with no special skills, this book also includes information on techniques

Food of India , Priya Wickramasinghe, Carol Selva Rajah, 2005, Cookery, Indic, 296 pages. Each recipe is accompanied by pictures of techniques, equipment and ingredients, while stunning photographs shot on location in each country evoke their distinctive cultures

The Best 50 Sushi Rolls , Carol M. Newman, Jan 1, 1999, , 80 pages. Fifty easy-roll recipes will lure you away from the sushi bar and into your own kitchen. These bite-size delicacies are easier to construct than you think. While you are

Hawaii's Bento Box Cookbook 2nd Course, Susan Yuen, Mar 1, 2010, , 160 pages. The second helping of Hawai'i's Bento Box Cookbook is here! Local chef Susan Yuen, who authored the first book in 2008, presents the second course of her appetizing and

Let's Cook Japanese Food! Everyday Recipes for Home Cooking, Amy Kaneko, Mar 8, 2007, Cooking, 168 pages. "Yum!" thought Amy Kaneko when she tasted the Japanese home cooking she'd married into. Even better, turned out it uses easy-to-find ingredients, and she couldn't believe how

Super Potato Design The Complete Works of Takashi Sugimoto: Japan's Leading Interior Designer, Mira Locher, 2006, Architecture, 240 pages. Super Potato Design is the first full-length book to present the built work and conceptual ideas of the internationally renowned Japanese design firm Super Potato, founded by

