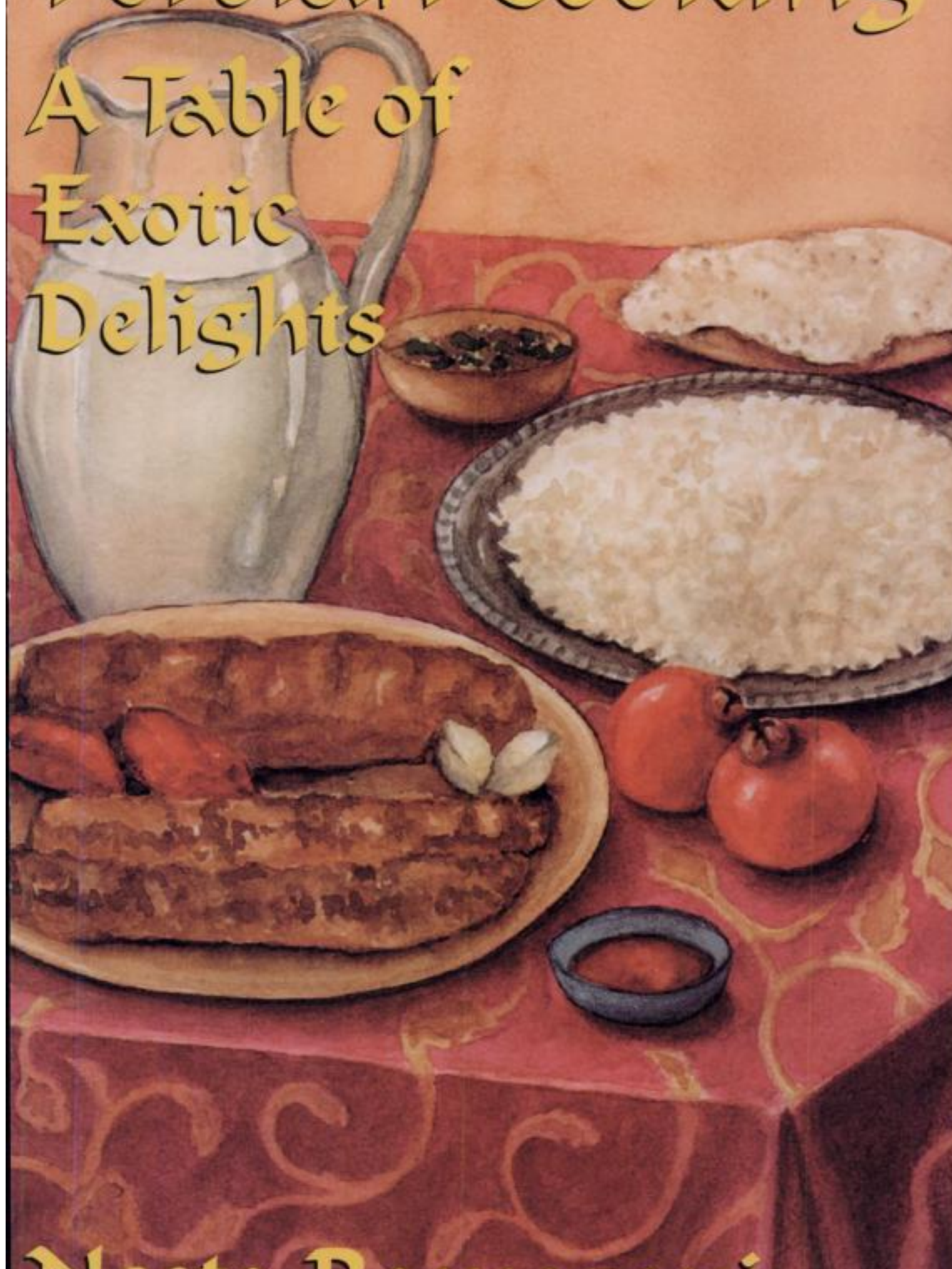


Persian Cooking

A Table of Exotic Delights



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Persian Cooking: A Table of Exotic Delights, Nesta Ramazani, Ibex Publishers, Inc., 1974, 0936347775, 9780936347776, 296 pages. Persian Cooking is a collection of 322 authentic recipes from one of the world's oldest culinary traditions. Clear and concise instructions make the dishes turn out exactly as they are supposed to. Persian cooking is based on vegetables, fruits, grains and meat used in subtle and varied combinations. The food is neither highly spiced nor hot but seasoned with herbs. It is very nutritious. Many of the dishes are suitable for vegetarians and in many others, meat may be easily omitted. The dishes can be made from ingredients found in almost any store. A guide to specialty stores is also included. As has often been observed, rice preparation defines the quality of the Persian chef. It is covered here in detail..

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A Taste of Lebanon : Cooking Today the Lebanese Way : Over 200 Recipes Developed and Tested , Mary Salloum, 1983, Cooking, 194 pages. .

Persian Cuisine Traditional, Regional, And Modern Foods, Mohammad R. Ghanoonparvar, Jun 30, 2006, , 296 pages. Persian Cuisine: Traditional, Regional, and Modern Foods is a user-friendly cookbook that belongs in the kitchen, not on the coffee table! In keeping with this philosophy, the

The Complete Middle East Cookbook , Tess Mallos, 2007, Cooking, 374 pages. The cuisine of the Middle East has always had its devotees, and eating at Lebanese, Syrian, Turkish or Greek restaurants has delighted many people in recent years. But

Persian Cooking for a Healthy Kitchen , Najmieh Khalili Batmanglij, 1994, , 199 pages. Provides recipes for traditional Persian dishes with low-fat substitutions for such ingredients as butter.

A Taste of Persia An Introduction to Persian Cooking, Najmieh Batmanglij, Jan 1, 2007, Cooking, Iranian, 176 pages. This book is an introduction to the world's other ancient cuisine. Persia's cookery, like China's, carries within it thousands of years of history, change and refinement, yet

Madhur Jaffrey's World-of-the-East Vegetarian Cooking , Madhur Jaffrey, Nov 12, 1981, Cooking, 460 pages. Offers Indian and Asian-style recipes for preparing vegetables, beans, rice, eggs, milk products, breads, noodles, appetizers, and desserts.

New Persian Cooking A Fresh Approach to the Classic Cuisine of Iran, Jila Dana-Haeri, Apr 26, 2011, Cooking, 224 pages. Collects traditional Persian recipes that have been adapted to fit modern health standards, and includes step-by-step instructions and color photographs..

Vegetable Love , Barbara Kafka, 2005, Cooking, 708 pages. The ultimate vegetable lover's cookbook presents 750 original recipes for a variety of taste-tempting dishes, along with a collection of essays on the world of vegetables and

The Veganopolis Cookbook A Manual for Great Vegan Cooking, David Stowell, George Black, 2010, Cooking, 254 pages. Presents seventy recipes from the Portland vegan restaurant, with advice on ingredients, cooking techniques, and stocking a vegan pantry..

Lebanese Cuisine More Than 200 Simple, Delicious, Authentic Recipes, Madelain Farah, 2001, Cooking, 256 pages. As a young girl, Madelain Farah spent hours watching her mother cook. Capturing her mother's "a pinch of this" technique, she has re-created recipes for everything from Arabic

The Pharaoh's Kitchen Recipes from Ancient Egypt's Enduring Food Traditions, Magda Mehdawy, Amr Hussein, 2010, Cooking, 161 pages. Judging from the evidence available from depictions of daily life on tombs and in historical texts, the ancient Egyptians were just as enthusiastic about good food and generous

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