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A Safe Place for Change: Skills and Capacities for Counselling and Therapy, Hugh Crago, Penny Gardner, IP Communications, 2012, 0980864941, 9780980864946, . The study of counselling can be a bewildering experience. Learning to be a counsellor involves developing practical skills, not just acquiring knowledge. And trainee counsellors must reflect on their own behaviour - the theory doesn't make sense without self-awareness. Authors from Uni of Western Sydney..

Self-care Lay Initiatives in Health, , Jan 1, 1977, Health, 133 pages. .

Narrative Therapy The Social Construction of Preferred Realities, Jill Freedman (M.S.W.), 1996, Medical, 305 pages. For psychotherapy students, teachers, and practitioners, this book describes the clinical application of the growing body of ideas and practices that has come to be known as

So you want to help people a mental hygiene primer for group leaders, Rudolph M. Wittenberg, 1947, Psychology, 174 pages. Bouve collection..

Short-term Psychodynamic Psychotherapy An Analysis of the Key Principles, Penny Rawson, 2002, Psychology, 299 pages. 'This book concentrates on short term psychodynamic psychotherapy. It aims to discover and analyse the key principles involved. It also aims to enrich the understanding of an

The Untold History of the United States , Oliver Stone, Peter J. Kuznick, 2013, History, 750 pages. 'This is not history for history's sake, however - this is the history of our present and future, long beyond cold war, into war on terror, war on drugs' Ed Vulliamy, Guardian

Education for all handicapped children act hearings before the Subcommittee on Select Education of the Committee on Education and Labor, House of Representatives, Ninety-fifth Congress, first session ... September 26 and 27, 1977, United States. Congress. House. Committee on Education and Labor. Subcommittee on Select Education, 1978, , 181 pages. .

Practical Counselling Skills An Integrative Approach, Kathryn Geldard, David Geldard, 2005, , 313 pages. "Practical Counselling Skills is a comprehensive course text for training new counsellors in basic and more advanced counselling micro-skills which come from a number of

Design Your Destiny , Guy Finley, 1999, Body, Mind & Spirit, 170 pages. These 12 powerful inner life exercises will help you master the strong and subtle forces that actually determine your life choices and your destiny. You'll discover why so

Gestalt therapy verbatim , Frederick S. Perls, 1969, Medical, 279 pages. .

Counselling Children A Practical Introduction, Kathryn Geldard, David Geldard, 2002, Psychology, 280 pages. Counseling Children is a highly acclaimed, introductory guide to counseling children and to the practical issues of communicating with children in a counselling context. In

Counseling Skills in Everyday Life , Kathryn. Geldar, David Geldard, Feb 15, 2003, , 208 pages. Most of us find ourselves listening to other people's problems at some time or another - either our friends' or, in the course of our work, patients, pupils, clients

Psychodynamic Counselling in a Nutshell , Susan Howard, 2006, Psychology, 104 pages. Susan Howard explains in clear, jargon-free style, the concepts at the heart of the psychodynamic approach and, drawing on case material, describes the therapeutic practice

Learning to Counsel , Jan Sutton, William Stewart, 2002, Counseling, 196 pages. This comprehensive book is essential for would-be counselors, those working in the helping professions, and anyone who uses counseling skills as part of their work. With its

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