



The
Five
Standards
for
Safe
Childbearing
by
David
Stewart, Ph.D.

Fourth Edition
Revised

- ★ GOOD NUTRITION
- ★ SKILLFUL MIDWIFERY
- ★ NATURAL CHILDBIRTH



Five Standards for Safe Childbearing, David Stewart, Care Publications, 1997, 0934426724, 9780934426725, 536 pages. .

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Painless Childbirth An Empowering Journey Through Pregnancy and Birth, Giuditta Tornetta, 2008, Health & Fitness, 319 pages. "Painless Childbirth is filled with heartfelt, practical and scientifically accurate information. It helps pregnant women expect the best - and then create it." Christiane

Mind over labor , Carl Jones, Feb 2, 1988, Health & Fitness, 192 pages. Explaining how to ease the fear and pain of childbirth, the author demonstrates an eight-step method that teaches the expectant mother how to cope with labor and childbirth.

Why natural childbirth? A psychologist's report on the benefits to mothers, fathers, and babies, Deborah Tanzer, 1972, Health & Fitness, 289 pages. .

Homebirth in the Hospital Integrating Natural Childbirth with Modern Medicine, Stacey Marie Kerr, 2008, Health & Fitness, 211 pages. Written by a physician, this book embraces the power and possibility of integrative childbirth, in which the compassionate tradition of midwives is combined with the technical

Silent knife cesarean prevention and vaginal birth after cesarean, VBAC, Nancy Wainer Cohen, Lois J. Estner, 1983, Health & Fitness, 435 pages. "The bible of cesarean prevention." Wall Street Journal "Required reading for all childbirth professionals and prospective parents." Journal of Gynecological Nursing.

Thank you, Dr. Lamaze a mother's experiences in painless childbirth, Marjorie Karmel, 1959, Health & Fitness, 188 pages. .

Obstetric Myths Versus Research Realities A Guide to the Medical Literature, Henci Goer, Jan 1, 1995, Health & Fitness, 385 pages. Anyone working to improve the childbearing experience and help women avoid unnecessary intervention has encountered numerous obstetric myths or old doctors' tales. And while

Natural childbirth and the family , Helen Wessel, 1969, , 336 pages. .

Natural Childbirth After Cesarean A Practical Guide, Karis Crawford, Johanne C. Walters, 1996, , 255 pages. Discusses obstetricians' reluctance to help women have subsequent children naturally after having a cesarean, and provides advice on choosing a willing caregiver and preparing

Childbirth Choices Today Everything You Need to Know to Plan a Safe and Rewarding Birth, Carl Jones, Jan 1, 1995, Health & Fitness, 267 pages. Describes the advantages and disadvantages of childbirth options available to expectant mothers and their partners, including hospital birth, midwifery, and home birth.

Birth in four cultures a crosscultural investigation of childbirth in Yucatan, Holland, Sweden, and the United States, Brigitte Jordan, 1978, Health & Fitness, 109 pages. .

The home birth book , Charlotte Ward, Fred Ward, Jan 1, 1976, Health & Fitness, 149 pages. Reviews of the procedures and advantages of home birth by the authors and involved medical professionals are augmented by interviews with eleven home-birth couples.

Special Delivery , Rahima Baldwin, Nov 1, 1995, , 192 pages. An illustrated guide to pregnancy, birth, and postnatal care stressing educated participation and decision making on the parties directly involved in all stages of the

Natural childbirth the Bradley way , Susan McCutcheon, Erick Ingraham, Jul 10, 1996, Health &

Fitness, 254 pages. Details an alternative to Lamaze childbirth that includes a more natural breathing method and a totally unmedicated birth that many second-time parents prefer.

Preparation for birth the complete guide to the Lamaze method, Beverly Savage, Diana Simkin, Feb 12, 1987, Family & Relationships, 461 pages. A comprehensive guide to every aspect of the natural childbirth experience using the lamaze method, including an explanation of labor and a discussion of the role of the father.

Childbirth with hypnosis , William S. Kroger, 1961, Health & Fitness, 216 pages. .

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