



Treasures of the Journey: Awakening Feminine Wisdom, Beauty and Passion, Jane Blunsch, Angelina Leger, Corvus Press, 2012, 0982923996, 9780982923993, 122 pages. When I first developed this workshop, I could never have imagined the holiness that I would experience through the unfolding of beauty, spirit and power of the women in each circle. Like flowers that had never-before bloomed, they unfolded to reveal their exquisite innate selves. In fact, these women committed to a process of becoming themselves-each one unique, each one aligning with their personal truth. When that happens ... well ... you are about to see some of the results. Please take a moment on each page to absorb their creative work. It's not made for a museum. It's not built for resale. What you will find in these next few pages are the inner truths of ordinary women ... and, given your openness, extraordinary results. These women are incredible. You will see it in their faces. You will read it in their poems. You will find it in yourself ... because you share it, too..

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Fran Clarke has worked to improve the lives of women from Louisiana to Liberia. Her workshops have led people into deeper understandings of their spiritual selves and opened up new meanings in their lives. Her personal therapy sessions have healed deep-seated wounds. And her international relief programs have helped women in war-torn countries reclaim their dignity. From her antique, rose-covered office in the heart of French Louisiana, Clark began her work by developing a series of programs designed to help women improve their lives through creative outlets and internal meditation. Rooted deeply in traditional methods and bolstered by the creative process, The Heroine™s Journey went well beyond its initial goals. Participants left the workshop with a deep understanding of themselves and the confidence to use that information to change the world around them. One of those productive efforts was Yassah™s Sisters, an organization of women dedicated to helping women in Liberia build independent support structures for themselves, their families and their villages. Since its inception, the Yassah™s Sisters movement has created independent livelihoods for hundreds of Liberian women, given needed items to orphaned children, and supported the efforts of countless women who intend to make Liberia an example for equality and prosperity in the world. She spends her spare time with friends at her home on a secluded

lakeside community near the heart of the south's fastest-growing cultural center, Lafayette, Louisiana. As she continues to foster personal transformation in every individual she meets, she relishes in learning the wisdom of foreign cultures and incorporating those values into her works.

Lafayette-based therapist Fran Clarke developed an eight-month "Heroine's Journey: A Woman's Search for Truth" program to help women find their path, from discovering their creative spark to expressing a personal truth. She has published a book based on her work featuring 53 women of Acadiana in "Treasures of the Journey: Awakening Feminine Wisdom, Beauty and Passion."

"When I first developed The Heroine's Journey, I could never have imagined the holiness that I would experience through the unfolding beauty, spirit and power of the women in each circle," Clarke wrote me. "Most of them had never written or created before participating in this program, but were able to access and express themselves from deep within."